

29th Annual Baltimore Limb Deformity Pre-Course

Ponseti @ 20

Wednesday, August 21, 2019

(As of 3.14.19)

Four Seasons Hotel
Baltimore, Maryland, USA

Course Chair

John Herzenberg, MD

Invited Faculty

<i>Jerald Cunningham, CPO</i>	Saco, Maine
<i>Matthew Dobbs, MD</i>	St. Louis, Missouri
<i>Yael Gelfer, MD</i>	London, United Kingdom
<i>Joshua Hyman, MD</i>	New York City, New York
<i>Lori Karol, MD</i>	Dallas, Texas
<i>Monica Nogueira, MD</i>	São Paulo, Brazil
<i>Tim Nunn, MD</i>	Addis Ababa, Ethiopia
<i>J. Norgrove Penny, MD</i>	Victoria, British Columbia, Canada
<i>Christof Radler, MD</i>	Vienna, Austria
<i>Harold van Bosse, MD</i>	Philadelphia, Pennsylvania

Lab Assistants

Mohan Belthur, MD	Phoenix, Arizona
Noam Bor, MD	Afula, Israel
Laura Tosi, MD	Washington, D.C.

Technical Assistants

Danielle Warren, ROT	Baltimore, Maryland
Marilyn Richardson, BS	Baltimore, Maryland

Wednesday, August 21, 2019

- 6:30–7:30 Registration and Breakfast *Marine Room and Grand Ballroom Pre-function, Level 2*
- 7:30–7:35 Welcome *Grand Ballroom, Level 2*
 John Herzenberg, MD
- 7:35–7:50 History of the Ponseti Method (*including a tribute to Fred Dietz*)
 TBA
- 7:50–8:10 Twenty Years into the Ponseti Revolution: Where Are We?
 John Herzenberg, MD
- 8:10–8:40 Skeletal Model Workshop: How the Ponseti Method Works
 J. Norgrove Penny, MD
- 8:40–8:55 Ponseti Casting: How I Do It
 TBA
- 8:55–9:05 Tenotomy Techniques
 John Herzenberg, MD
- 9:05–9:15 Discussion
- 9:15–9:40 Health Break and Visit with Corporate Partners *Grand Ballroom Pre-function*
- 9:40–10:00 Ponseti Bracing Techniques: From Tactical to Practical *Grand Ballroom*
 TBA
- 10:00–10:30 Faculty Live Demonstrations of Ponseti Casting
 Matthew Dobbs, MD, Monica Nogueira, MD, Christof Radler, MD,
 and Harold van Bosse, MD
- 10:30–11:25 Casting and Tenotomy Workshop on Models
 All Faculty and Lab Assistants
- 11:25–11:40 The Role of Radiography in Ponseti Management of Clubfoot
 Christof Radler, MD
- 11:40–11:55 What Not to Do
 TBA
- 11:55–12:10 Botox: Alternative to Tenotomy
 TBA
- 12:10–12:25 Unilateral Bracing
 Jerald Cunningham, CPO
- 12:25–12:35 Discussion
- 12:35–1:20 Luncheon

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1:20–1:35	How Good Are Our Feet? <i>Lori Karol, MD</i>	<i>Grand Ballroom</i>
1:35–1:50	Atypical Club Feet <i>Harold van Bosse, MD</i>	
1:50–2:05	Prenatal Consultations for Clubfoot <i>Christof Radler, MD</i>	
2:05–2:20	How to Recognize and Treat Relapses <i>TBA</i>	
2:20–2:30	Relapse after Posteromedial Release: Treatment with the Ponseti Method <i>Monica Nogueira, MD</i>	
2:30–2:45	Adjunct Procedures: Anterior Tibial Tendon Transfer, Plantar Fasciotomy, Tendo-Achilles Lengthening, and Peroneus Longus to Brevis Transfer <i>TBA</i>	
2:45–2:55	Discussion	
2:55–3:10	Modified Ponseti Approach for Vertical Talus <i>Matthew Dobbs, MD</i>	
3:10–3:25	Ponseti Method for Neglected Feet <i>Monica Nogueira, MD</i>	
3:25–3:40	Ponseti Method in Arthrogyrosis and Spina Bifida <i>Harold van Bosse, MD</i>	
3:40–3:55	To Infinity and Beyond! Pushing Ponseti to the Periphery <i>Joshua Hyman, MD</i>	
3:55–4:05	Discussion	
4:05–4:25	<u>Health Break and Visit with Corporate Partners</u>	<i>Grand Ballroom Pre-function</i>
4:25–4:45	New and Old Directions: Open Surgery for Recalcitrant Feet <i>TBA</i>	<i>Grand Ballroom</i>
4:45–5:00	Surgery for Neglected Feet <i>J. Norgrove Penny, MD</i>	
5:00–5:15	External Fixation for Neglected Feet <i>Tim Nunn, MD</i>	
5:15–5:30	Evaluation of Muscle Strength/Range of Motion <i>Yael Gelfer, MD</i>	

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5:30–5:45 Electrical Stimulation of Peroneals
 Yael Gelfer, MD

5:45–6:15 Patient Demonstrations

6:15–6:30 Discussion and Course Evaluation

6:30 Adjourn

7:00 Pre-Course Faculty Dinner

Four Seasons Hotel Lobby